



TERMS AND CONDITIONS

Date: Saturday, August 28, 2010

Registration: Pre-registration is highly recommended. Entry fee is \$20 per team (2 riders) and can be paid for online (credit/debit) or at Capitol Hill Bikes on 719 8th Street SE (cash or check made out to CHAMPS). Registration will be available day of event **if not sold out**.

Check In: Please arrive at least 45 minutes prior to your start time. We will open registration/check-in at 3 pm. Signed WAIVER, RELEASE & INDEMNITY forms will be collected at check-in.

Check In Location: North Quadrant of Eastern Market Metro Plaza, 8th Street and Pennsylvania Ave SE.

Hill and Go Seek is scheduled from 5:00 PM to 8:00 PM with an after party at the H Street Country Club at 1335 H Street NE. Entrance to after party is included in \$20 entry fee. Non participants may purchase entrance into the after party for \$5 at the door or on eventbrite site.

Team Names are optional (but encouraged!) and will be registered at check in.

List of destinations will be given out 1 hour before each teams scheduled start time. Each destination is worth a set number of points. Upon arriving at a checkpoint the riders may have to perform a task or trick to earn points for that destination. (There will not be a task at all of the checkpoints and tasks/checkpoints can sometimes be skipped)

Points will be awarded for: completion speed; checkpoints completed; tasks completed; as well as other point-earning categories like creativity and participation using correct safety gear. Winners will be determined by greatest number of overall points. Winners will be announced at 9 PM at the H Street Country Club.

Bike racks will be provided by DDOT near the H Street Country Club. Please bring a lock for your bike(s) – The Hill and Go Seek organizers, partners and sponsors are not responsible for your property.

**We strongly recommend that all racers take necessary safety precautions.
PLEASE WEAR A HELMET!**

Day of Race Contacts:

Nina Liggett, Capitol Hill BID, 202-498-8654

Julia Christian, CHAMPS, 202-503-5962

2010 HILL AND GO SEEK WAIVER, RELEASE & INDEMNITY

I, _____ understand and agree that my participation in events, programs, races, or activities organized, operated, conducted and/or sanctioned by the Capitol Hill Business Improvement District (BID) and CHAMPS Capitol Hill's Chamber of Commerce are conditional upon my execution of this document.

1. I am aware that cycling, and in particular competitive cycling, endurance and racing, involves the possibility of injury or death.
2. I accept these risks, and all others arising from these events and programs, even if arising from the negligence, gross negligence or negligent rescue by those associated in any way with the Capitol Hill BID or CHAMPS I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs throughout the year, including their respective officers, directors, employees, agents, servants, volunteers & representatives (the "Releasees").
3. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safely continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against The Capitol Hill BID, CHAMPS and all other Releasees from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed under the relevant Occupier's Liability Act, on the part of the Releasees.
6. I **AGREE NOT TO SUE** and I further agree **TO INDEMNIFY AND SAVE HARMLESS** the Releasees from all expenses, fees, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs.

I HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY AND THE TERMS AND CONDITIONS. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.

SIGNATURE: _____ Date: _____